

# YMCA HIGH SCHOOL BASKETBALL SUMMER LEAGUE RULES

## **ROSTERS**

- > Limited to 10 players
- > No changes may be made to a roster following a team's third regular season game

## **UNIFORMS**

- > All teams must provide their own *numbered* game jerseys of uniform color. If teams are wearing like colors, it is the responsibility of the Home Team to change their jerseys.

## **FOULS / VIOLATIONS**

- > A referee will call all fouls and violations.
- > Any foul or violation that occurs (*other than the last minute of the game*) will result in a check-ball.
- > Any player fouled in the *last minute of the game* will be awarded one foul shot
- > Arguing or fighting will NOT be tolerated. Any participant INVOLVED (no matter who "started it") in a fight will be banned from the league for the remainder of the season and no refunds will be issued
- > Ohio High School rules will be used unless otherwise stated.

## **SCORING**

- > The first team to 40 points wins (1 point per basket)
- > No three pointers

## **START OF PLAY**

- > Games will begin on the hour (no grace period)
- > Games can be played with four players, but less than four players is a forfeit
- > The game starts with the "Guest" team getting the ball and checking it at the top of the key and the second half begins with the "Home" team getting the ball
- > Jump balls go to the defense
- > Teams may only substitute during dead ball situations

## **GAME DURATION**

- > All games will be (2) 20-minute halves or 40 points, whichever comes first. Clock will only stop on dead balls in the last minute of the first and second halves. Half time: 5 minutes.
- > Each team will receive (1) 60-second timeout per half. Unused timeouts do not carry over.

> If there is a tie at the end of regulation time, a 5-minute overtime period will be played to determine the winner. A coin flip will determine who receives the first possession. Each team will receive one timeout during the overtime period.

> If there is still a tie at the end of the overtime period, teams will play “sudden-death” with the first team to score being named the winner. A coin flip will determine who receives the first possession.

## **LEAGUE TOURNAMENTS**

> Players must participate in 1 regular season game to be eligible for the league tournament.

> League Tournament will be Single-Elimination and will follow the regular season games

> Tournament Seeds will be based on regular season records

> Tiebreakers will be: 1) Head-to-head results; 2) Points against; 3) Point differential

You are expected to treat your opponents, teammates, YMCA employees and anyone involved in the league with the utmost respect. This will be a friendly, recreational league and any negative activities will not be welcomed. Remember, we are here to have fun!

*Any questions need to be addressed with the Program Director:*



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