



We build strong kids, strong families, strong communities.

Pike County YMCA Co-Ed Volleyball League

Co-Ed Recreation Volleyball Rules

- Season consist of a minimum of 6 games per team
- Rosters are limited to a maximum of 12 players per team
- Players may be added up to the third game, but they must be added to the Roster before they take the court. Players must participate in at least one regular season game to be permitted to play in the league tournament.
- No referees; Teams will call own games
- Teams should arrive at least 20 minutes before scheduled game; teams may take the court at the scheduled time (or when previous match is over) for a 5-10 minute warm-up period.
- Best 2 out of 3 games will determine the match winner. Game 1 and 2 will play to 25 with a winning margin of at least 2. Game 3 will be to 15. A rally scoring system will be used on all games. There will be a 50-minute time limit on all matches. If the match is incomplete at the end of 50-minutes, the team that is ahead in points will be determined the winner.
- A team may have no more than 6 players and no less than 4 players on the court at a time.

Co-Ed Rule:

4 Players = 1-2 Males / 2-3 Females

5 Players = 2-3 Males / 2-3 Females

6 Players = 2-3 Males / 3-4 Females

- Serving order and position on the floor shall be an alternation of male and female.
- A serve cannot be attacked or blocked at the net.
- A ball can only be played off the ceiling if the ball remains on the side of the court of the team that hit the ceiling. The basketball rims (when lowered) and the side walls are out of play.
- Substitutes who rotate in must replace a player of the same sex. If there is only one substitute and he is male then a substitute will rotate in every other time his team rotates.
- There will be a volley for serve.
- Participants must be 16 years of age or older.
- There will be NO protests concerning on-court calls made by opposing players. Both teams will settle judgments. *This is strictly a fun recreational league.*
- A team must be on the court ready to play at the designated time. If the team is not ready to play at the designated time, it shall lose the first game. If the team is not read to play 15 minutes after the scheduled starting time, it shall lose the second and third game. A team must have 4 members present to start a game with half or more being women.
- Any team or individual exhibiting unsportsmanlike acts towards members of another team, or any Pike County YMCA staff before, during, or after the game, risks forfeiture of the game. The director reserves the right to forfeit any game following complaints by teams and/ or any Pike County YMCA representative.
- Anyone involved in a fight will be banned for the remainder of the season.
- Profanity is prohibited